

France: Bordeaux to La Rochelle

Bike Vacation + Air Package

Like a fine wine, France's coastal region should be savored slowly, and that's just what you'll do on this bike tour. Coasting on an Atlantic breeze, you'll behold sweeping sea views while cycling La Rochelle, inhale the fragrance of wildflowers, and taste succulent oysters and local wine. You'll hear your footsteps clatter on the cobbled lanes of an Old Town, and behold some of the "Most Beautiful Villages in France." Guided tours will open a window to history as you stroll ancient ramparts and board a replica of a Revolutionary War ship. And you'll end each day in carefully curated accommodations that offer sumptuous dining and pampering amenities. Best of all, you'll experience these sensory pleasures at a leisurely pace, as only a bicycling vacation allows.

Cultural Highlights

Cycle along *La Vélodyssée*, a bike route known for its unspoiled landscapes.

Enjoy a wine tasting in the lovely and well-preserved village of Talmont-sur-Gironde.

See for yourself why Talmont-sur-Gironde, Brouage, and Ars-en-Ré are listed among the "Most Beautiful Villages" in France.

Pass oyster farms and perhaps pause to sample these tasty shellfish as you spin toward La Tremblade.

Take in panoramic sea views from the ancient ramparts of La Rochelle on a guided walking tour.

Explore a replica of General Lafayette's famous ship, *l'Hermione*, with a local guide.

Discover a cyclist's paradise on Ile de Ré and perhaps admire Atlantic views from its lighthouse or bell tower.

What to Expect

This tour is rated Easy. Road, hybrid and e-bikes are offered. We cycle several sections of La Velodysee, La Flow Velo and the bike paths on Ile de Re. These bike routes are on paved roads with shoulder or bike lane or on bike paths, sometimes gravel. We do ride over some cobblestone in Rochefort, La Rochelle, and Saint-Martin-de-Re (we recommend you dismount and walk those sections) and we do cross railroad tracks and wood bridges, which can be slippery (dismount and walk your bike is recommended). There are some gently rolling hills on Day 3 AM ride between Saint-Palais-sur-Mer and La Tremblade. Wind can be a factor along the Atlantic ocean.

Tour Duration: 10 Days

Average Daily Mileage: 4 - 44

Average Cycling Time: 00:30 - 03:30

Climate Information

Average High/Low Temperature (°F)

May 65°/52°, Jun 71°/57°, Jul 75°/61°, Aug 76°/61°, Sep 71°/56°, Oct 64°/51°

Average Rainfall (in.)

May 2.4, Jun 2.0, Jul 1.7, Aug 2.1, Sep 2.7, Oct 3.2

DAY 1: Depart home / Fly to Bordeaux

Depart home for France. The particulars of your arrival overseas are detailed with your flight itinerary.

DAY 2: Arrive in Bordeaux

Upon arrival at the Bordeaux Merignac airport, claim your luggage and clear customs. If your luggage is lost, you must fill out a PIR form before leaving the customs area; VBT representatives are not allowed into the customs area. Also, make sure that your VBT luggage tags are attached to your bags so that your representative can identify you.

VBT's local representative will meet you outside the customs area in your arrival terminal and will be holding a VBT sign. They will help you transfer by private car (approximately 30 minutes) to your hotel in Bordeaux to begin your trip. Your hotel room may not be available until 3:00 p.m. If you arrive early, you may store your luggage with the reception desk.

If you are going to be delayed meeting our transfer representative for more than 15 minutes due to delayed or lost luggage, please note that our drivers are generally able to wait for up to 45 minutes from the time your flight lands, after which you will be responsible for your own transfer. However, they might be able to reschedule your transfer if they are aware of the delay. Please contact Allianz Global Assistance to advise of your delay, and they will contact our transfer service.

You have the rest of the day free to explore Bordeaux. You might visit the Water Mirror, the world's largest reflecting pool and an urban oasis offering beautiful reflections of the stately Place de la Bourse. Visit La Cité du Vin, a new museum that celebrates wine. Explore the historic city center, a UNESCO World Heritage site. Visit the cathedral, a marvel of Gothic architecture. Wander the shady lanes of the Jardin Public. And enjoy dinner on your own among the cafés and restaurants that earned the city designation as France's best food city—ahead of both Paris and Lyon—by the prestigious foodie website Atabula in 2017.

Accommodation: Mercure Bordeaux Cité Mondiale Centre Ville Hotel, Bordeaux

DAY 3: VBT Bicycle Vacation begins / Transfer to Saint-Palais-sur-Mer

Meet your VBT representative/driver at the hotel in Bordeaux at 12:30 p.m. Then at 1:00 p.m., you will travel by motorcoach (approximately two hours) to La Villa Ouest Hotel & Spa. Please plan to buy lunch on your own before this transfer. Please wear cycling clothes (and bring your own pedals and/or saddle in your day pack, if you brought your own) in preparation for the warm-up ride. La Villa Ouest Hotel & Spa check-in time is 3:00 p.m., and your room may not be ready before the warm-up ride.

La Villa Ouest Hotel & Spa is a welcoming, three-star, family-run boutique hotel. Steps from the Atlantic Ocean and fine sand beaches, this quiet coastal retreat is a perfect place to relax and unwind. In the afternoon, you'll join your trip leaders for a safety and bike-fitting session, followed by a short warm-up ride along quiet country roads. Later, gather with the group for a welcome cocktail. Dinner is at a local restaurant nearby.

Accommodation: La Villa Ouest Hotel & Spa, Saint-Palais-sur-Mer

Included Meals: Breakfast, Dinner

Today's Ride Choice:

Cumulative Distance Range: 7 km (4 miles)

Afternoon

Warm-up: 7 km (4 miles)

What to Expect: Take an easy loop ride starting on the path through the center of Saint-Palais then along the ocean and back to your hotel. The route is mostly flat. The mileage is short, but you can extend it if you wish by cycling to La Grande Côte, a beautiful and famous beach, passing seafood cafés and terraces along the way.

DAY 4: Cycle to Meschers-sur-Gironde / Talmont-sur-Gironde

Your morning begins with a spin along La Vélodyssée, a bike route known for its unspoiled landscapes. Your route follows a coastline called La Côte de Beauté, or beautiful coast. This estuary, where the Gironde River flows into the Atlantic Ocean, is the largest in Europe.

As you enter Royan, you'll see a memorial to the heroes of the Frankton Operation of World War II. In December 1942, an officer of the British Royal Marines and 11 volunteers from this elite corps carried out

a commando raid against German ships in Bordeaux, paddling upriver at night from Royan to Bordeaux. Only two survived.

From Royan, you'll follow another scenic coastal route, *Canal des 2 Mers*, to Meschers-sur-Gironde. Once a sleepy fishing village, Meschers-sur-Gironde is now a pretty resort town set between forest and the sea. Here, you'll have a chance to explore the Caves of Matata—troglodyte caves cut into chalky limestone outcroppings that, through history, have sheltered pirates, plunderers, and Protestant refugees.

From here, you'll pedal along the ocean to Talmont-sur-Gironde, a lovely and well-preserved village founded in 1284. Today, the village is recognized as one of the "Most Beautiful Villages in France." Admire the 12th-century Church of Sainte-Radegonde, whose Romanesque façade defines the skyline, stroll narrow streets lined with charming white houses adorned with roses and hollyhocks. Here, enjoy lunch and a wine tasting at Les Hauts de Talmont.

Afterward, cycle or shuttle back to your hotel, where you can relax at the spa, go swimming in the ocean, or take a coastal walk.

Dinner is on your own tonight in Saint-Palais-sur-Mer, with several restaurants within walking distance of your hotel.

Accommodation: La Villa Ouest Hotel & Spa Saint-Palais-sur-Mer

Included Meals: Breakfast, Lunch

Today's Ride Choices:

Cumulative Distance Range: 28 – 55 km (17 – 34 miles)

Morning

Saint-Palais-sur-Mer to Talmont-sur-Gironde: 28 km (17 miles)

Afternoon

Talamont-sur-Gironde to hotel: 27 km (17 miles)

What to Expect: Today's route is almost entirely on paved roads with some car traffic. From the hotel to Royan, you will ride the *La Vélodyssée* bike route for 8 km (5 miles), then roll along the *Canal des 2 Mers* for 20 km (12 miles) to Talmont-sur-Gironde. Please note that, when the path is on a sidewalk shared with pedestrians, the pedestrians always have the right of way. Also, be sure to check for traffic and pedestrians at intersections and be mindful of curbs.

The support vehicle is available to shuttle back to the hotel if you prefer to pass on the afternoon ride.

DAY 5: Cycle to La Tremblade and Brouage / Transfer to Rochefort

This morning, you'll say goodbye to your hosts at La Villa Ouest and ride *La Vélodyssée* bike route through countryside and thick pine forest and along the Atlantic coast. The oysters and mussels that abound in the waters off this coast are world-renowned for their quality. View marshes and oyster farms as you spin toward La Tremblade and enjoy a lunch on your own showcasing these delicious shellfish.

Next, discover Brouage, where the ramparts of Cardinal Richelieu's citadel still stand, overlooking what once was a thriving harbor. The harbor silted up during the 17th century, however, desolating the village below. Today, it is a peaceful community of villagers cultivating the mussel beds. Brouage is also famous as the birthplace of Samuel de Champlain, the navigator who opened Quebec to settlement by the French.

Later, continue cycling to the Transporter Bridge, built between 1898 and 1900 by French engineer Ferdinand Arnodin or shuttle to the historic town of Rochefort. Founded as a naval base during the 17th century, Rochefort boasts a well-preserved Old Town with narrow streets, museums, galleries, boutiques, parks, and gardens—and the occasional costumed villager. Here, you'll settle into your hotel. As you enjoy dinner at your hotel restaurant, you can gaze at passing boats on the Charente River.

Accommodation: Mercure Rochefort La Corderie Royale Hotel, Rochefort

Included Meals: Breakfast, Dinner

Today's Ride Choices:

Cumulative Distance Range: 18 – 72 km (11 – 45 miles)

Morning

Saint-Palais-sur-Mer to La Tremblade: 33 km (20 miles)

Afternoon

La Tremblade to Brouage: 18 km (11 miles)

Brouage to Rochefort: 21 km (13 miles)

What to Expect: This morning's route is mostly very gently rolling terrain. Some sections along the Atlantic Ocean follow narrow paved roads with some car traffic. You will cycle small roads through the marshes of the oyster-farm region of Marennes-Oléron.

The ride from Brouage to the Transporter Bridge is on mostly flat rural roads with some gentle hills. Cross the Charente River on the bridge's gondola with your bike and continue riding to your hotel along the marshes and banks of the Charente River.

DAY 6: Fouras / Rochefort / La Corderie Royale

This morning enjoy a leisurely breakfast before you begin cycling to Fouras on sections of *La Vélodyssée* and *La Flow Vélo* bike routes.

Spin along the Charente River and on country roads, passing canals, meadows, and villages en route to the charming seaside town of Fouras. Located on a small peninsula on the Charente-Maritime coast, Fouras attracts visitors for its beautiful beaches and pretty Belle Epoque villas. Here, you'll find a lovely oceanfront promenade, beaches, a polygonal tower, a covered market, and boutiques. Explore this gem of a town at your leisure and enjoy lunch on your own.

After lunch, cycle back to Rochefort, where you'll enjoy an included visit to La Corderie Royale, a 17th-century royal rope-making factory that was nearly destroyed during World War II. Today, it is a historic monument and International Centre of the Sea.

Dinner is at a local restaurant tonight.

Accommodation: Mercure Rochefort La Corderie Royale Hotel, Rochefort

Included Meals: Breakfast, Dinner

Today's Ride Choices:

Cumulative Distance Range: 18 – 48 km (12 – 29 miles)

Morning

Rochefort to Fouras: 27 km (17 miles)

Afternoon

Fouras to Rochefort: 19 km (12 miles)

What to Expect: Some sections of today's route are unpaved. The morning ride traces the Charente River, then continues on flat, easy country roads to the town of Fouras. The afternoon route is similar with scenic variations.

DAY 7: La Rochelle / Guided walking tour / Île de Ré

After breakfast, leave Rochefort on your bicycle through small *communes* (villages) in the Charente-Maritime region reaching the shores of the Atlantic Ocean and the flora and fauna of the Marais d'Yves Nature Reserve. Pause along the Atlantic Ocean in Les Boucholeurs or Châtelailon-Plage for lunch on your own.

After lunch, cycle along the ocean to the historic town of La Rochelle. Dating to the 10th century, this magnificent port town welcomes you with two iconic 14th-century towers and a harbor lined with elegant buildings. Today, the harbor serves as the yachting center of France's Atlantic coast. Here, you'll meet a local guide for a walking tour of the town. Take in panoramic views of the sea as you stroll its ancient ramparts, and explore the town's winding cobblestone streets, medieval churches, and shops.

Then, rejoin your trip leaders for a shuttle or ride to Saint-Martin-de-Ré, which is notable for its star-shaped, 17th-century ramparts. This UNESCO World Heritage site, whose charming fortifications, half-timbered houses, colorful shutters, historic monuments, and donkeys in trousers are sure to captivate you.

Enjoy a short stroll through the cobbled streets to your hotel, where you may relax or sip a house cocktail. You may also arrange for a spa treatment (advance reservations recommended; contact the hotel directly) or reserve use of the counter-current pool, Jacuzzi, and sauna (service charge applies; 55-minute rental periods). Dinner is on your own tonight in Saint-Martin-de-Ré, where choices abound.

Accommodation: La Baronnie Hotel and Spa, Saint-Martin-de-Ré

Included Meals: Breakfast

Today's Ride Choices:

Cumulative Distance Range: 16 – 63 km (10 – 39 miles)

Morning

Rochefort to Châtelailon-Plage: 24 km (15 miles)

Afternoon

Châtelailon-Plage to La Rochelle: 16 km (10 miles)

La Rochelle to Saint-Martin-de Ré: 23 km (14 miles)

What to Expect: Enjoy country roads and coastal views for most of today's ride. As you leave Rochefort, you'll ride mostly on flat, paved roads, with a few stretches of cobblestone. Châtelailon-Plage is a great place for lunch, with cafés, restaurants, a covered market, and stores. The afternoon ride is a mix of country roads and secondary roads. The ride from La Rochelle to Île de Ré offers beautiful views of the ocean and includes a 3-km (1.9-mile) bridge with a protected bike path on either side.

DAY 8: Île de Ré

During the 17th century, the Île de Ré was coveted by many for its position of military importance and its

production of salt and wine, leaving a legacy of historic attractions and charming towns and villages that you can enjoy today. After a leisurely breakfast this morning, set off to explore the island. You'll find that it was made for cycling! The island is flat, and its vineyards, pine forests and, at the more remote west end, oyster beds and salt marshes are crisscrossed with cycle paths that link its 10 small communities.

Start off your island excursion riding along the ocean and through the salt marshes. Pause in Ars-en-Ré for lunch in a local café. After lunch, continue to the youngest village on the island, Saint-Clément-des-Baleines. Salt, wine, and fishing are the longtime mainstays of the economy here. A cyclist paradise, the bike paths take you past dry stone walls and fields of colorful wildflowers, including hollyhocks – the flower of the island. As you ride you may catch a whiff of sulphur from the salt marshes. Highlights of the island include the 15th-century locks, the local market, and the Phare des Baleines lighthouse, which you are welcome to climb (257 steps, entrance fee not included) for sweeping Atlantic views. Then, follow the bike path and bike routes back to Saint-Martin. Climb the bell tower of Saint-Martin Church for one last glimpse of this stone star between land and sea, a UNESCO World Heritage site and part of the Network of Major Sites built by Vauban.

Tonight, gather with your travel mates to sip an aperitif as the sun sets behind the horizon. Then, celebrate your journey and share reminiscences over a festive farewell dinner at a local restaurant, *La Baleine Bleue*.

Accommodation: La Baronnie Hotel and Spa, Saint-Martin-de-Ré

Included Meals: Breakfast, Lunch, Dinner

Today's Ride Choices:

Cumulative Distance Range: 12 – 55 km (7 – 33 miles)

Morning

Saint-Martin to Ars-en-Ré: 20 km (12 miles)

Afternoon

Ars-en-Ré to Saint-Clément-des-Baleines: 12 km (7 miles)

Saint-Clément-des-Baleines to Saint-Martin: 23 km (14 miles)

What to Expect: The entirety of today's route follows flat terrain as you cycle to Saint-Clément-des-Baleines. It is a lovely, lovely ride – a real paradise for bicyclists. Then, cycle back to Saint-Martin on bike paths and routes.

DAY 9: Transfer to La Rochelle train station / VBT Bicycle Vacation ends

After breakfast, transfer by private motorcoach (approximately 45 minutes) to La Rochelle train station, arriving at approximately 10:30 a.m. Then, board a TGV train to Paris Gare de Montparnasse train station. Meet your VBT representative on the quay and walk to your car service from the train station to your centrally located Paris hotel, the Pullman Paris Centre - Bercy (we recommend a suitcase with wheels for ease of carrying) for a final overnight stay. You'll arrive at the Paris Gare Montparnasse train station at approximately 2:06 p.m. followed by transportation by car service to your hotel and will have the rest of the day to get acquainted with the city's historic landmarks, shop, or relax in an outdoor café.

If you have chosen the independent Post-Trip Extension to Paris, you'll remain at this hotel for the next two nights. Upon your arrival, your VBT Paris representative will be there to answer your questions. An optional orientation walking tour of the quartier will be offered. Check your VBT City Information for additional optional tour options.

Accommodation: Pullman Paris Centre-Bercy, Paris

Included Meals: Breakfast

DAY 10: Depart for home

After breakfast* this morning, you will transfer to the Paris airport (approximately 45 to 60 minutes, depending on traffic) for your departing flight**. Please ensure you are ready in the hotel reception area at the designated time.

* Please note: For guests with early-morning departures, breakfast at the hotel may not be available. Please check with the front desk to verify the times that breakfast is served.

**Please note: VBT transfer times and departure points are finalized in advance and cannot be modified for individual guests. If you extend your stay beyond the scheduled program dates, return transportation to the airport will be at your own expense.

Included Meals: Breakfast

Accommodations

May vary depending on departure date.

La Baronnie Hotel and Spa (Days: 7,8)

This oasis in the heart of France's favorite vacation island is the perfect finale to your getaway. A historic

ambiance infuses the 18th-century manor, which once was purchased by Louis XVI for Marie Antoinette. Just steps away lies the port of the island's historic capital, Saint-Martin-de-Ré. This charming, 4-star, boutique hotel, has tastefully decorated rooms with 18th-century-inspired fabrics, and modern conveniences. The young, friendly, and attentive team will gladly serve you a delicious house cocktail in the sun-drenched terrace, or you may relax in the shady gardens and secluded courtyards. The spa, Jacuzzi, counter-current pool, and sauna are also the perfect finale to an exhilarating day of cycling (reservations required and fees apply for use of the counter-current pool/Jacuzzi/sauna). While some rooms have air conditioning, fans are available in rooms without air conditioning. WiFi is available throughout the hotel.

Mercure Rochefort La Corderie Royale Hotel (Days: 5,6)

This centrally located, historic property, set on the banks of the Charente River, is just steps from the Corderie Royale, the Hermione, restaurants, and other attractions. The hotel was fully renovated in 2018, and its contemporary and spacious rooms, bar, and restaurant are most welcoming. All rooms offer ultra-comfortable beds, a fully equipped bathroom, satellite TV, telephone, and a view of either the swimming pool, the Charente River, or La Corderie Royale. Free WiFi and air conditioning are available throughout the hotel.

Mercure Bordeaux Cité Mondiale Centre Ville Hotel (Day: 2)

Located between the historic heart of Bordeaux and the Cité du Vin wine museum, this 4-star hotel is just steps from Place des Quinconces, one of Europe's largest city squares. From this convenient location, it's easy to explore the capital of the wine trade and of southwest France on foot or by tram. Enjoy the hotel's stylish contemporary décor, recently renovated bar and restaurant, and panoramic views from the rooftop terraces. Your room features air conditioning, free WiFi, a minibar, flat-screen satellite TV, hairdryer, tea- and coffee-making facilities, safe, and private bathroom with shower.

La Villa Ouest (Days: 3,4)

This charming boutique hotel welcomes you with warmth and hospitality. Steps from the beach and the center of Saint-Palais-sur-Mer, La Villa Ouest offers 26 contemporary rooms with WiFi and air conditioning, a wine bar, tea room, elegant terrace and intimate garden. The new garden Spa "The Maeva" is open daily and has a sauna, steam room and outdoor jacuzzi. Discover Belle Epoque villas along the *Sentier des Douaniers*, a foot path along the coast that connects the beaches.

Pullman Paris Montparnasse (Day: 9)

Located in the 14th arrondissement of Paris, a few steps from Gare de Montparnasse train station, this

polished hotel offers classic rooms and access to Paris' main attractions in just a few minutes by foot, bus, or metro. Marvel at one of the best views of the French capital from the rooftop terrace, and delight in views of the hotel gardens from the bright and airy restaurant. Your air-conditioned room has a private bath, LCD-screen satellite TV, minibar and safe. WiFi is available throughout the hotel, and an Internet terminal is also available in the lobby.